



FREELAND
Foot & Ankle
 CLINIC

Laser Therapy



Accelerate Recovery from Sports Injuries

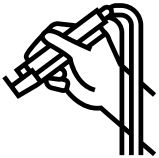
If you're recovering from a sports injury, laser therapy could be a great option for you. Our medical laser is precisely tuned to specific frequencies, then aimed at the site of an injury.

Key Benefits:

- **Enhanced Cell Repair:** Stimulates cells to speed up recovery, even restarting damaged cells.
- **Improved Blood Flow:** Increases circulation, providing essential nutrients and oxygen while reducing swelling.
- **Reduced Swelling:** Enhanced blood flow helps carry away excess fluid, alleviating swelling in the affected area.
- **Pain Relief:** Can block local nerve signals, helping alleviate pain.

Deal of the month:
Laser Therapy

**10%
OFF**



Good for:

- Ankle sprains
- Achilles tendinitis
- Joint pain
- Muscle pain
- Plantar fasciitis



Shoe Spotlight: **Kizik's**

Kizik's innovative hands-free design sneakers make it a breeze to slip in and out of. Whether you're at work or out and about, these shoes are worth checking out for anyone seeking a blend of convenience and style!

Staff Review:

These shoes are easy to put on and are super comfortable. They pair easily with almost any outfit!

-Julia S., Marketing

Fun Facts: Raking Leaves

Fall Colors: Leaves change color in autumn as chlorophyll breaks down, revealing vibrant pigments.

Burn Calories: Raking leaves can burn 200-400 calories per hour—a great workout!



Prague Slip-on Sneakers



Put shoes on **hands-free!**



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